

Hollyman Care Homes

July and August 2010

Newsletter

Famous people born in Norfolk



Anna Sewell (30 March 1820 – 25 April 1878)

English novelist, best known as the author of the classic novel *Black Beauty*. Anna Mary Sewell was born in [Great Yarmouth, Norfolk, England](#) into a devoutly [Quaker](#) family. Her father was Isaac Phillip Sewell (1793-1879), and her mother, [Mary Wright Sewell](#) (1798 - 1884) was a successful author of children's books.

Anna Sewell had one sibling, a younger brother named [Philip Sewell](#) (1822–1906) who worked as a construction engineer in [Europe](#), building railways in Spain and elsewhere, before settling back in [Norfolk](#) and working as a banker.

Anna Sewell was largely educated at home, a regime heavily influenced by her mother's religious and educational convictions. When Anna was twelve years old, the family moved to [Stoke Newington](#), where Sewell attended school for the first. Two years later, however, she slipped while walking home from school and severely injured both of her ankles. Her father took a job in [Brighton](#) in 1836, partly in the hope that the climate there would help to cure her. Despite this, and most likely because of mistreatment of her injury, Sewell was lame for the rest of her life and was unable to stand without a crutch or to walk for any length of time. For greater mobility, she frequently used horse-drawn carriages, which contributed to her love of [horses](#) and concern for the humane treatment of animals.

Sewell's only published work was *Black Beauty*, written during 1871 to 1877, after she had moved to [Old Catton](#), a village outside the city of [Norwich](#) in Norfolk. During this time her health was declining. She was often so weak that she was confined to her bed and writing was a challenge. She dictated the text to her mother and from 1876 began to write on slips of paper which her mother then transcribed.

Sewell sold the novel to local publisher [Jarrolds](#) for £40 on 24 November 1877, when she was 57 years of age. Although now considered a children's classic, she originally wrote it for those who worked with horses. She said "It's a special aim being to induce kindness, sympathy, and an understanding treatment of horses." (Mrs Bayly, 272). The book's sales broke publishing records, it is said to be "The sixth best seller in the [English language](#)." (Chitty in Wells and Grimshaw, x).

Sewell died of [hepatitis](#) or [phthisis](#) on 25 April 1878, five months after her book was published, living long enough to see the book's initial success. She was buried on 30 April 1878 in the Quaker burial-ground at [Lammas](#) near [Buxton, Norfolk](#), not far from Norwich, where a wall plaque now marks her resting place.

Her birthplace in Church Plain, Great Yarmouth, is now a museum. For ten years, she lived at Blue Lodge, [Abson](#), between [Bristol](#) and [Bath](#). The local estate of [Tracy Park](#), now a golf club, was said to be the inspiration for *Black Beauty*'s Birtwick Park. Blue Lodge is privately owned.



Anna Sewell Memorial Fountain at the entrance to [Sewell Park](#), Norwich



The cottage where she lived from 1866 until her death in Old Catton

Sue says.....

Very busy last couple of months, extreme heat and then lots of rain, great British summer!

We have to be so aware of dehydration during the hot spells, it can cause so many problems for the elderly. I went out and bought fans for the homes, that immediately hastened an end the hot spell!

We have had lots of entertainment in the homes, the clients at Broadland House enjoyed an afternoon of trying on hats, and if the noise level was anything to go by everyone enjoyed 'musical memories' a couple of hours of musical favourites and gentle exercise.

The vegetable garden at Broadlands Park is taking shape, with potatoes and runner beans flourishing, the chickens keep everyone amused with their dirt baths (large holes appearing round the garden!) and the way they appear at the front door as if waiting for an invite in!

Broadland House garden is a riot of colour and heady scent's, the lavender bushes attracting bees, butterflies and various wildlife.

The clients at Martham Lodge are enjoying walks in the enclosed back garden, and Eric's greenhouse is full of ripe tomatoes, cucumbers and courgettes. Sally has planted out a herb garden which will enhance a variety of dishes.

Away from the homes my son Rob finished his degree course, I don't know where the last three years have gone, the memories of leaving him there on his first day are still vivid in my mind. He now has B.Eng after his name and is busy job hunting, ideally to work with a motor sports team, he had his hopes raised by a team in Australia but unfortunately they felt his practical experience was not enough for their vacancy, so this summer he is working trying to gain as much experience as possible. My daughter Alex, who you may see while she is working at the homes, will return to Roehampton University in September to start her second year.

Hope to see you all soon.

A handwritten signature in cursive script, appearing to read 'Sue', followed by a period.

BROADLANDS PARK - NEWS

ENTERTAINMENT / ACTIVITY DIARY

JULY

8 th	Helen Vardy	Singer	11:30 – 4:00
21 st	Musical Memories	Gentle Exercise	11:00 – 12:00
29 th	3D Fabric Flowers	Demonstration	2:30 – 3:30

AUGUST

9 th	From Clay to Bronze	Talk & Demonstration	2:30 – 3:30
12 th	Images of Norfolk	Talk	2:00 – 3:00
17 th	Graham Johns	Singer	2:30 – 3:30

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Debbie will be in every Monday Morning to do your hair.

Beth will give you an Aroma Massage to your hands every Wednesday morning.

Gail is here every Friday Morning for Nail Care.

Val and Ralph for the Lyons Tea House every Monday afternoon starting with a sing-a-long with Ralph at 2:30. High tea is at 4:30.

Clients have the opportunity to go to functions at any of the other homes. You will also be made welcome if you wish to attend.

FUND RAISING NEWS

All money raised from any of our events goes into our funds. This enables us to have a guest speaker in every month, they can be expensive from £30 - £70 a time, but worth every penny. Every week we do the bonus ball it costs £1 per number, if you would like one please a staff member. We are always on the look out for people to come and join our committee and help raise some funds. If you feel you can spare a couple of hours every 2 months or would like more details please contact me (Elaine) or Hilary.

STAFF NEWS

Welcome to our new staff members, we have employed about 5 new members of staff, care and kitchen assistants hope you enjoy working with us.

MARTHAM LODGE
ENTERTAINMENT / ACTIVITY DIARY

JULY

8 th	Birds of Prey	Falconer and his Birds	2:30 – 3:30
21 st	Musical Memories	Gentle Memories	

AUGUST

10 th	Graham Johns	Singer	2:30 – 3:30
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Jan is here every Tuesday morning to give you Aroma Massage.
Val comes in every Tuesday and Thursday morning for Nail Care.

Clients have the opportunity to go to functions at any of the other homes. You will also be made welcome if you wish to attend.

STAFF NEWS

Welcome to our new staff members, hope you enjoy working with us.

BROADLAND HOUSE

ENTERTAINMENT / ACTIVITY DIARY

JULY

21 st	Musical Memories	Gentle Exercise	2:00 – 3:00
28 th	Hats and how to wear them	Demonstration and Talk	2:30 – 3:30

AUGUST

11 th	Graham Johns	Singer	2:30 – 3:30
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Lesley will be in every Monday afternoon to do your hair.

Val and Ralph for the Lyons Tea House every Tuesday afternoon starting with a sing-a-long with Ralph at 2:30. High tea is at 4:30.

Clients have the opportunity to go to functions at any of the other homes. You will also be made welcome if you wish to attend.

FUND RAISING NEWS

All money raised from any of our events goes into our funds. This enables us to have a guest speaker in a few times a year. They can be expensive from £30 - £70 a time, but worth every penny. Every month we do the bonus ball. You can purchase a number or two from any staff member, you will win half of the amount taken in that month. We are always on the look out for people to come and join our committee and help raise some funds. If you feel you can spare a couple of hours every 2 months or would like more details please contact me (Elaine) or Dawn

The next Fund Raiser will be our afternoon Summer Fete / Lyons Tea-House. There will be a Cake Stall, Plant Stall, Raffle, Ice Creams and of course our Lyons Tea-House. There will be a small charge for afternoon tea, which will consist of sandwiches, cakes tea/coffee. We will also be having a staff member in the "Stocks" for you to throw wet sponges at, Bowling for a "Pig", Treasure Map and Tombola this will be held on Tuesday 24th August, 3:00 – 5:00 Your support will be welcome.

STAFF NEWS

Welcome to our new staff, hope you enjoy working with us.